

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Caring Pregnancy Center (DBA Options Pregnancy Center), Fairmont **Vendor#: 0000285530**

Contact: Bob Charnecki

Phone and Email: 507-238-2330 cpcfntmn@frontiernet.net

Goal: To provide necessary services and referrals to pregnant and parenting women in south-central MN

Population: Pregnant and parenting women in south-central MN

For the period/quarter: October 1 – December 31, 2016 Quarter 2

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide guidance to grant staff Complete grant forms Attend required grant meetings Hire and coordinate training for new grant staff		Reviewed PA Grant policies and procedures with staff. Established and periodically reviewed/updated data collection procedures. Interviewed new CA applicants.	
Outreach	Provide guidance to grant staff Complete grant forms Attend required grant meetings Hire and coordinate training for new grant staff		Sent posters and brochures promoting Client Advocate and PA Grant programs to several area churches. Weekly newspaper advertising in underserved counties north of our location. Preparing information mailings to social workers, school counselors and church leaders in communities surrounding our center.	
Case Management Services	Provide on-going telephone and/or office appointments for clients testing positive for pregnancy	45	Client Advocate provides ongoing office visits with clients during pregnancy and after. Phone calls are made when client is unable/fails to come for an office visit. Poor weather and holidays resulted in significant missed appointments/more phone calls.	58

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Crib Distribution/ Sleep Safety Education	Enroll clients in Sleep Safely Program Provide information and education on pregnancy, infant care, and parenting Provide crib upon completion of program Deliver and assemble crib if needed	36	Continuing program from previous PA Grant. Program is well established and continues to be well received by clients. Other community agencies and former clients frequently make referrals to the crib program. Several clients took a break from completing the program during the holidays. Expect they will complete the program in January/February.	39
Employment Assistance	Enroll participants in Work Readiness Project Conduct assessment of work readiness skills Provide work station and mentoring Provide evaluation, incentive and references	32	Employment assistance started very strong at the beginning of this quarter, but has slowed considerably. Currently there is a very low unemployment rate in our service area. Anticipate participation in this program may be a little low until January of 2017.	45
Life-Skills Education Program	Provide educational components for program participants as needs are identified. Components may include, but not limited to, job search, job interviewing, finance/budgeting, nutrition/cooking, alcohol/drug use education, and relationships	18	All participants in the Work Readiness Project receive information on job searches, applications and job interviews. Relationships and budgeting seem to be the main areas of concern for our clients at this time.	20

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Material Support	Provide material assistance such as diapers, maternity and baby clothes, and basic housekeeping needs to pregnant and parenting women	30	The need for assistance with diapers continues to be high. Continued requests for warm clothing. Many clients expressing financial difficulties.	72
Nutrition	Provide infant formula and baby food Provide nutrition education Provide WIC and food shelf referrals	9	Client Advocates continue to stress the importance of good nutrition. Drinking appropriate beverages is emphasized. Breast feeding is emphasized, but many requests for help with formula.	25
Parenting Education	Provide parenting education with incentives as part of on-going client visits and the Sleep Safely-Baby Crib Program	35	Client Advocates provide parenting education as part of the crib program and on an ongoing basis for up to one year after birth if client requests. We keep a crib set up to demonstrate safe sleep practices.	33
Pregnancy Education	Provide pregnancy education with incentives as part of on-going client visits and the Sleep Safely-Baby Crib Program	30	Pregnancy education is a large part of our crib program. Education materials are continually being reviewed and updated as needed. The number of pregnant clients has been slightly down this quarter. Several pregnant clients involved with the crib program have taken a break from the program over the holidays.	22
Pregnancy Testing	Provide program eligibility assessment, pregnancy counseling and testing.	3	Requests for pregnancy tests are somewhat low, possibly due to home pregnancy tests being inexpensive.	2

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Provide Necessary Services to all clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	12	Intake assessments are completed with all new clients and referrals are made for services to meet identified needs. When needed, Client Advocates will help with phone calls, appointments and applications. Most clients choose to participate in one or more of the services available at Options Pregnancy Center.	19
Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	2	Intake assessments are completed with all new clients and referrals are made for services to meet identified needs. This quarter all clients chose to participate in one or more of the services available at Options Pregnancy Center.	0
Transportation	Provide gas cards or bus tokens for clients to attend Center appointments or medical appointments	4	Bus tokens and gas cards have been beneficial in helping clients keep appointments. Rural bus service continues to be in transition, but hopefully will be improving and become more readily available to our clients.	4

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	4
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	12
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	11
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	6
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	3

Challenges:

Comments: